



Stainless steel mini-kitchen by Space Savers
1000 w × 600 d × 2000 h.
Other combinations include microwave ovens.
Can be customised as required

Kitchens for the elderly

Older people who are not fully mobile and who may prefer to sit on a chair with castors while preparing and cooking meals, will need the worktops, appliances and socket outlets set at a lower level.

Cookers and refrigerators built into tall cabinets should also be positioned at a lower level and conversely dishwashers,

washing machines and dryers should be set higher above the floor to access the interiors more easily.

Base and wall cupboards without doors make the contents more accessible and a knee-hole under the sink can make washing up and vegetable preparation easier.

Carousel shelves in corner cupboards and small free-standing carousel shelves on a worktop can also help.

Free-standing vegetable racks on castors can be stored under counters, and narrow wire basket shelves can be fitted to the inside of cabinet doors.

For more details of kitchens for the disabled and for wheel-chair users, see pp. 45–53.